



COMMONWEALTH OF VIRGINIA

DEPARTMENT OF REHABILITATIVE SERVICES

WOODROW WILSON REHABILITATION CENTER

FISHERSVILLE, VIRGINIA 22939

JAMES A. ROTHROCK, M.S., L.P.C.

COMMISSIONER

TEL (804) 662-7010

RICHARD L. SIZEMORE

DIRECTOR

TEL (540) 332-7265

POSTSECONDARY EDUCATION REHABILITATION TRANSITION PERT Program Description

PERT was developed in 1984 as an Office of Special Education and Rehabilitation Services (OSERS) demonstration project. Continuation and expansion have been funded by the Virginia Department of Education and the Virginia Department of Rehabilitative Services.

PERT provides:

- A continuum of secondary vocational programs for extended career ladders.
- An education/rehabilitation service delivery system allowing for the smooth transition of students with disabilities from secondary schools to postsecondary education, training, employment, and independence in adult life.
- Transition planning and services implementation.
- PERT is for students with current IEPs or 504 plans, or who have had limited opportunities to explore vocational options and to experience independence. PERT students are in need of a comprehensive, vocational evaluation within a residential setting.
- PERT assists students in the transition from high school to post secondary options by helping them answer the questions:
 - ❖ What's out there for me?
 - ❖ What are my talents?
 - ❖ What are my interests?
 - ❖ What types of jobs might I enjoy doing?
 - ❖ What skills do I need to become employed?

Woodrow Wilson Rehabilitation Center

PERT WEEKDAY SCHEDULE

7:00 - 7:45 a.m.	Breakfast
8:00 – 9:15 a.m.	Vocational Evaluation
9:15 – 9:30 a.m.	Break
9:30 – 10:45 a.m.	Vocational Evaluation
10:50 – 11:30 a.m.	PDL – Counselor Meeting/Activity
11:30 – 12:30 p.m.	Lunch
12:30 – 1:45 p.m.	Vocational Evaluation
1:45 – 2:00 p.m.	Break
2:00 – 3:15 p.m.	Vocational Evaluation (Problem Solving/Self Esteem Class on first Wednesday)
3:15 p.m.	Group Meeting with Counselors
4:45 – 5:20 p.m.	Dinner in the Cafeteria
5:20 – 8:00 p.m.	Independent Living Skills Class (3 days – Tuesday, Wednesday, Thursday of first week)
6:30 p.m.	Rec. Assessment/Activity – 1st Check in (Monday and Friday of first week; Monday and Tuesday of second week)
8:30 p.m.	2nd Check in
10:30 p.m.	Return to Dorm
11:00 p.m.	Curfew, BE IN YOUR ROOM

Evening & Weekend Activities

Swimming	Pool
Bowling	Volleyball
Bicycling	Ping Pong
Roller Skating	Board Games
Watching Movies	Fishing at the Lake
Tennis	Basketball
Softball	Shopping Mall Trips
Golf	Hiking
Weightlifting	Arts & Crafts